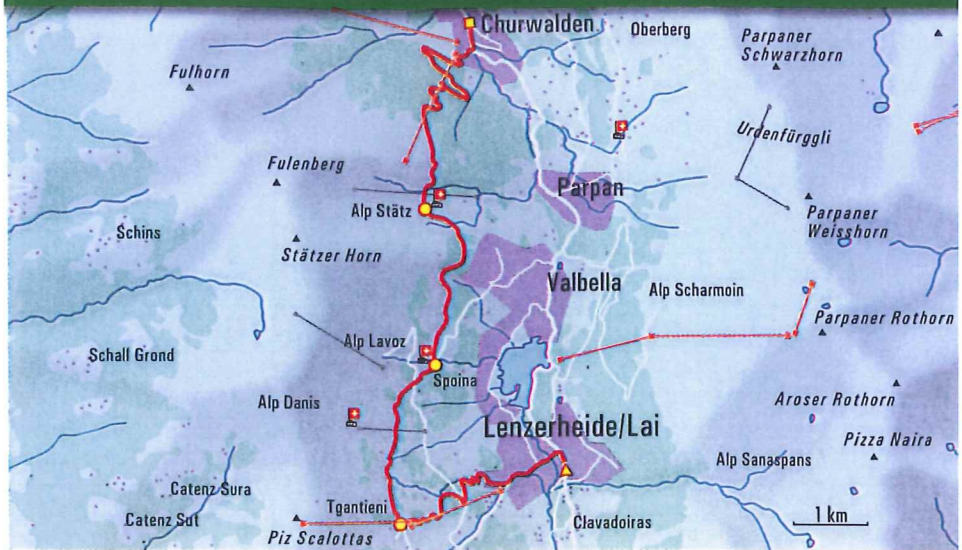




Graubünden



Lenzerheide/Lai ▶ Churwalden

○ Lenzerheide/Lai					4 h 20 min	
▼ Lenzerheide/Lai		0:00			13.8 km	
● Tgantieni	1:05	1:05			596 m	
● Spoina	0:50	1:55			845 m	
● Alp Stätz	0:50	2:45			leicht	
■ Churwalden	1:35	4:20			257 T Safiental	
○ Churwalden					258 T Bergün	
						für Fam./Kinder geeignet

